

Meet Your Friendtor:

A Characteristics Checklist

So, you've been considering one of your friends as a possible mentor or friendtor? Before committing to a mentorship with a friend, be sure to ask yourself if they can help you reach your professional goals. Not every friend has what it takes to be a helpful mentor, so be sure you choose yours wisely.



LEAVEY SCHOOL OF BUSINESS
SANTA CLARA UNIVERSITY

Ask yourself: IS THIS FRIEND...?

- Someone you can confide in and truly trust with your problems and goals?
- Open-minded and fair?
- An inspiration of sorts to you? Does their work inspire or impress you?
- Someone you turn to for advice in other matters already?
- Aware of the responsibilities of being a mentor?
- Mindful of your specific goals in life or your career?
- Someone who inspires confidence?
- Able to advise you on how to achieve those life or career goals?
- Patient and calm?
- Someone you feel comfortable challenging, should you disagree with their advice?
- Able to coach you, care about you and cheer you on in times of difficulty?
- Capable of providing unique feedback you could not figure out on your own?
- Someone with your best interests in mind?
- Willing to be a mentor and to commit the time needed?
- Someone who feels comfortable challenging you and who you feel comfortable being challenged by?

If you answered yes to most of the questions above, then you're in luck! Your friend could make a great mentor and potential influencer in your professional development.

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